

EXAM INSTRUCTIONS

PET/CT:

- **Drink water only.** No food or other liquids 6 hours prior to the appointment. Drink 3 glasses of water 1 hour prior to the appointment.
- Wear comfortable clothing without metal zippers or clasps.
- No vigorous exercise 24 hours prior to your scan.
- Allow up to 1 ½ - 2 hours for the total exam process. Actual scan time varies from 15 minutes to 40 minutes.
- *Insulin-dependent diabetic patients:* The sensitivity of this test is affected when your glucose levels are over 200. No insulin 6 hours prior to scan.
- No reading or talking is allowed while in uptake, you may bring your own CD player or I-Pod.

PET Bone Scan:

- No fasting required. Drink 3 glasses of water 1 hour prior to the appointment.
- Allow up to 2 - 2½ hours for the exam process.
- Wear comfortable clothing without metal zippers or clasps.

CT:

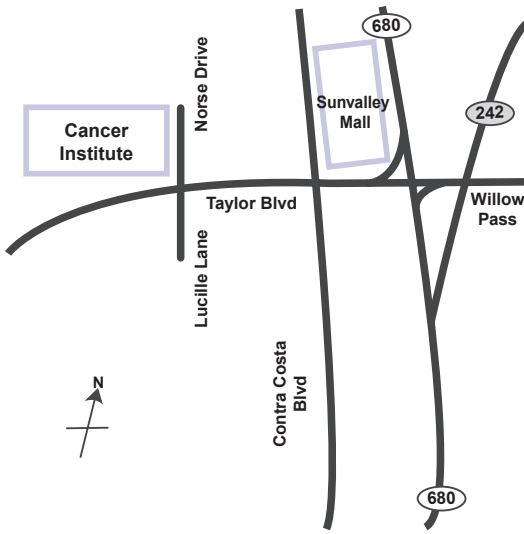
- If you are having a CT scan of the Head, Neck, and/or Chest **WITHOUT** IV contrast, there are no special instructions.
- CT scans **WITH** IV contrast of the Head, Neck and/or Chest require fasting for 8 hours prior to the appointment and 3 glasses of water 1 hour prior to the appointment.
- All CT scans of the abdomen and/or pelvis (with or without IV Contrast), require fasting for 8 hours prior to the appointment and 3 glasses of water 1 hour prior to the appointment.

MRI/MRA:

- Wear comfortable clothing without metal zippers or clasps.
- No implantable electronic metal devices (i.e.; cochlear ear implant, pacemaker, tens unit, hearing aids, etc.)

If there is a possibility of pregnancy, please inform our staff prior to your appointment.

DRIVING DIRECTIONS



Imaging is located on the first floor of the California Cancer and Research Institute.

Driving North on I-680:

Take the Willow Pass Road Exit, turn left onto Willow Pass Road. Willow Pass Road turns into Taylor Blvd., proceed 0.7 miles. The Center is located on the right side at 400 Taylor Blvd., Suite 105 (Corner of Norse Drive and Taylor Blvd.).

Driving South on I-680:

Take the Willow Pass Road Exit, turn right at Sunvalley Blvd/Willow Pass Rd. Willow Pass Road turns into Taylor Blvd., proceed 0.7 miles. The Center is located on the right side at 400 Taylor Blvd., Suite 105 (Corner of Norse Drive and Taylor Blvd.).

Driving East on Highway 24:

Highway 24 East toward Walnut Creek. Take the Pleasant Hill Road North Exit, go 1.9 miles. Veer onto Taylor Blvd., go 3.6 miles. The Center is located on the left side at 400 Taylor Blvd., Suite 105 (Corner of Norse Drive and Taylor Blvd.).

PET/CT Medicare Covered Indications

Tumor Type		Initial Treatment (<u>diagnosis or initial staging</u>)	Subsequent Treatment (<u>re-staging, treatment monitoring, suspected recurrence</u>)
Cervical	Esophageal	Covered	Covered
Head/Neck	Lymphoma		
NSCLC	Myeloma		
Ovarian			
Brain		Covered	NOPR
Breast		<i>Covered for initial staging of metastatic disease only</i>	Covered
Melanoma		<i>Covered except initial staging of regional lymph nodes</i>	Covered
Pancreatic		Covered	NOPR
Prostate		Not Covered (except NaF PET Bone Scan)	NOPR
Small Cell Lung		Covered	NOPR
Soft Tissue Sarcoma		Covered	NOPR
Testicular		Covered	NOPR
Thyroid		Covered	NOPR
Other solid tumors		Covered	NOPR
Other cancers not listed		NOPR	NOPR

NOPR - covered with entry in the National Oncologic PET Registry - please contact our office for details.

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